

COPING WITH BULLYING IN SHARON DRAPER'S NOVEL, *OUT OF MY MIND* (2010): INDIVIDUAL PSYCHOLOGICAL PERSPECTIVE



RESEARCH PAPER

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by:

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MUHAMMADIYAH UNIVERSITY OF SURAKARTA

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APPROVAL

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Herewith, I testify that there is no plagiarism in this research paper. There is no other work that has been submitted to obtain the bachelor degree and as far as I concerned there is no opinion that has been written or published before, except the written reference which are referred in this paper and mentioned in the bibliography.

If any incorrectness is proved in the future dealing with my statement above, I will be fully responsible.

Surakarta, 23 Juny 2019

The researcher



Umi Nur Kartikasari

A320150159

MOTTO

“Think as big as galaxy.”

DEDICATION

The research paper is dedeicated to:

1. My beloved father and mother, who never give up on me, keep cheering me up and give me strength
2. My beloved sister, brother and nephew
3. My beloved hiking friends Qurnia, Yuliana, Nana and Yoga
4. My beloved friends Laras, Ikrama, Vega, Sheila, Arista, Pradana, Agung, Rahkmat, Aris and Rizal
5. My beloved boarding house friends Refi, Anis, Nadya, Sita, Mb Galih and Mb Luluk
6. Muhammadiyah University of Surakarta

Umi Nur Kartikasari/A320150159 **COPING WITH BULLYING IN SHARON DRAPER'S NOVEL, *OUT OF MY MIND* (2010) : INDIVIDUAL PSYCHOLOGICAL PERSPECTIVE** Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muhammadiyah Surakarta. Juli, 2019

Abstrak

Bullying merupakan sebuah tindakan yang masih sering terjadi. Bullying tidak hanya menjadi perhatian dari psikolog, orang tua dan masyarakat akan tetapi juga pengarang. Salah satu pengarang yang peduli terhadap bullying adalah Sharon Draper dalam karyanya yang berjudul *Out of My Mind* (2010). Studi ini mengkaji tentang bagaimana cara mengatasi intimidasi yang terdapat dalam novel. Penelitian ini menggunakan teori individual psychology oleh Alfred Adler dan teknik yang digunakan adalah studi pustaka. Tujuan dari penelitian ini adalah untuk menganalisis indikator bullying, bagaimana karakter utama dalam novel mengatasi tindak bullying, dan mengapa penulis menulis novel ini. Dua sumber data yang digunakan yaitu data primer yang berasal dari novel itu sendiri dan data sekunder yang terdiri dari buku, e-book, jurnal, website dll. Ada tiga hasil penelitian yang ditemukan, pertama terdapat empat indikator bullying yang terdapat dalam novel, yaitu menghina cara berbicara, menghina bahasa tubuh, menghina cara berbicara dan memanggil menggunakan nama lain. Kedua, karakter utama mengatasi tindak bullying dengan menggunakan enam prinsip dari teori psikologi individual. Ketiga, terdapat tiga alasan mengapa penulis menulis novel ini. Pertama, pengalaman pribadi penulis, penulis ingin mengapresiasi para orang tua dan pengasuh dan terakhir, penulis ingin menyampaikan perasaan kemanusiaan dan menghargai orang lain.

Kata kunci: cara mengatasi bullying, Sharon Draper, psikologi individual

Umi Nur Kartikasari/A320150159 **COPING WITH BULLYING IN SHARON DRAPER'S NOVEL, *OUT OF MY MIND* (2010) : INDIVIDUAL PSYCHOLOGICAL PERSPECTIVE** Faculty of Teacher Training and Education, Muhammadiyah University of Surakarta. July, 2019.

Abstract

Bullying is an action that still occurs frequently. Bullying not only a concern of psychologists, parents and society, but also authors. One of the authors who cares about bullying is Sharon Draper in her work entitled *Out of My Mind* (2010). This study examines how to deal with intimidation found in the novel. In this study using the theory of individual psychology by Alfred Adler and the technique used is literature. The purpose of this study was to analyze the indicators of bullying, how the main characters cope with bullying, and why she wrote this novel. Two data sources used namely primary data derived from the novel itself and secondary data consisting of books, e-books, journals, websites, etc. There are three research results found, first there are four indicators of bullying contained in the novel, teasing the body language, teasing the speaking manner, giving a disparaging look and making fun/calling by other name. Second, the main character overcomes bullying by using six principles from the theory of individual psychology. Third, there are three reasons why the author wrote this novel. First, the personal experience of writers, the author wants to appreciate parents and caregivers and last, the author wants to convey feelings of humanity and respect to others.

Keywords: Coping with bullying, Sharon Draper, individual psychology

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The researcher realizes that this research paper is far from being perfect. Therefore, the researcher would highly welcome any suggestion or critique to make it better.

Surakarta, July 17th 2019

Umi Nur Kartikasari

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